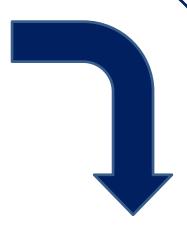


## Reflection

•What are my needs and objectives?



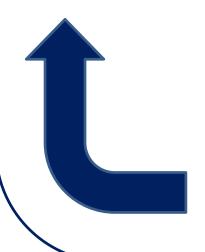
## **Evaluation**

- •What have I learnt?
- •Has this met my needs and objectives?

The CPD Cycle

## **Planning**

- •What am I going to do?
- •When am I going to complete or review this?



## **Action**

•What have I done? – what / when / where?

