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Dear Member,

Hello, and welcome to this Month's CMI regional newsletter.

They say "change is a constant". Admittedly, it's a line I often use to make the point that in an increasingly interconnected world, where we received so much information, and where everyone has a view, the environment we work in today is nonlinear, nuanced and continually evolves.

We know change creates uncertainty, but does it necessarily follow that uncertainty creates change? Possibly not. Uncertainty promotes doubt, threatens a state of 'analysis paralysis', encourages indecision, and can undermine confidence in our own abilities to make change happen and be the modern, enabling leaders and managers we all strive to be.

Fortunately, some help is on hand in the form of this year's Midlands Conference, focused on the theme of "**Managing in Uncertain Times**". This joint event of the West Midlands and East Midlands Boards is a great opportunity to work through some of the many challenges that come from working in times of rapid change. Listen to a great range of thought-provoking speakers, share your experiences and advice, and learn from other CMI members. [Book your place today.](#)

If you're not able to join us at the Midlands Annual Conference, below is some information about what else is happening across East Midlands region, giving you opportunities to network and increase your knowledge and understanding of today's management and leadership hot topics.

If you are someone who is on the move, or should you be in an area that borders the East Midlands region, please take a look at the [CMI regional events](#) pages. You can register for as well!

We look forward to extending a warm welcome to you at an event in the near future.

Kind regards,

Nathan Vear CMgr MCMI
Chair, East Midlands Board

MANAGING IN UNCERTAIN TIMES

Friday 28th April, 10:00am - 4:00pm



International Conference Centre, Broad Street, Birmingham, B1 2EA

According to CMI's 2017 Future Forecast, two-thirds of UK managers believe that Brexit-related uncertainty will have a negative impact on the UK's economic growth over the next 12-18 months.

As uncertainty looms over the UK, organisations could be facing turbulence and it will be up to you, as managers, to adjust strategies accordingly.

Join CMI at the **Midlands Conference 2017**, and discover the solution for Managing in Uncertain Times.

[BOOK YOUR PLACE](#)

WEBINAR: MINDFUL LEADERSHIP

Thursday 27th April, 12:30pm - 1:30pm



Are you interested in learning how mindfulness can transform your leadership style, help you be better equipped to meet leadership challenges and sustain your well-being?

Join us for this webinar and hear from **Dr. Nadine Mellor, PhD, CPsychol., FCMI**, who will be sharing her research and training experience on how mindfulness applies to today's leaders faced with uncertainty, complexity and high risk decision making.

Nadine will present:

- Mindfulness benefits for leaders (e.g. greater ability to respond to stressful and challenging situations; to create an environment of trust and authenticity)

[BOOK YOUR PLACE](#)

MACLAREN MEMORIAL LECTURE

Tuesday 23rd May, 5.30pm - 7.30pm



Sumpner Lecture Theatre, Aston University, Aston Triangle, Birmingham, B4 7ET

'Unlocking regional growth – spreading prosperity to the whole UK' is the title of this year's MacLaren Lecture with Carolyn Fairburn, CBI, Director-General.

Carolyn will look at prospects for the British economy post-Brexit and the current situation for the UK's regions and nations.

Taking inspiration from the Midlands, she will ask what firms can do to raise productivity and prosperity across the whole UK.

[BOOK YOUR PLACE](#)

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EVENTS

coming up soon in your area



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